



## What causes varicose veins?

Heredity is the number one contributing factor causing varicose and spider veins. They occur in both men and women and increase or worsen with age. Varicose veins have been associated with pregnancy and being overweight. Other factors include occupations with prolonged standing or sitting, and leg injury.

## Look better. Feel better.

Let our board-certified general surgeons combine their clinical expertise with the latest cosmetic and surgical techniques to restore your legs to a pain-free, more natural state.

Call us today for a free screening or to schedule a consultation with our surgeons, 574.753.2222 or visit [LogansportMemorial.org/VeinProgram](http://LogansportMemorial.org/VeinProgram).

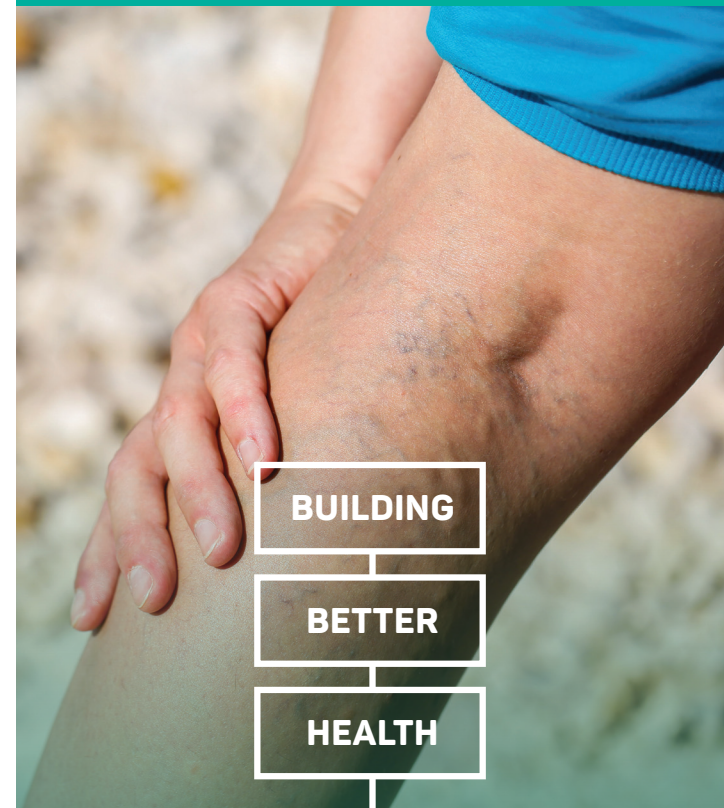
LMPN Surgical Services  
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## Varicose vein solutions

Look better, feel better with vein solutions.

General Surgery



## BUILDING BETTER HEALTH

# Vein Treatment

at Logansport Memorial Hospital

### The right treatment makes all the difference

Treatment options for varicose and spider veins are relatively painless and with few side effects. Each of these treatment options are performed in the privacy and comfort of our office, or in a private surgical treatment room, usually under local anesthetic which means you won't be put to sleep. Treatments are typically covered by most insurances, and our office staff will work with you to verify your coverage.

"I took the time to treat the four different veins in my legs that were causing problems for me. It has really helped going up and down steps, walking long distances, and standing for long periods of time. I am so grateful for this treatment option that made my life more productive."

Sherry K. Adair | Vein Patient



#### Sclerotherapy

Used to treat both spider and varicose veins, this is one of the most effective treatments in eliminating them. A tiny needle is used to inject the veins with a medication that irritates the lining of the vein and causes it to collapse and fade. Depending on the type of vein and number of veins being treated, there will be one or several tiny injections over multiple sessions with a surgeon.

#### Lasers

Several types of laser treatments are available to minimize or eliminate spider and varicose veins. Endovenous laser ablation is a minimally-invasive technique that closes off the blood supply to the varicose veins.

#### Surgery

Depending upon your diagnosis, phlebectomy may be needed, which removes varicose veins or vein clusters through several tiny incisions. The right treatment makes all the difference

If you are bothered by painful, swollen, or bulging veins in your legs?

**We can help! It's not just cosmetic — varicose veins can actually cause pain and discomfort.**

Varicose and spider veins occur when blood that is being pumped back into the heart pools inside a vein, causing enlargement of that vein. Typically, varicose veins are swollen, dark purple or blue and often look like large ropes or a cluster of grapes. They can appear to bulge from your leg as well. Spider veins are small, thread-like veins that resemble a spider web, and they typically lie close to the skin.

Varicose veins are known to cause symptoms that may include leg aching, pain, heaviness, fatigue, ankle swelling, muscle cramping, restlessness, itching and burning. Varicose veins may also lead to complications such as blood clots, bleeding, rashes and ulceration.

With the evaluation and treatment methods available today, spider and varicose veins can be treated at a great level of effectiveness and safety. While some seek treatment for cosmetic improvement of their veins, many others are looking for medical relief from pain or any of the other symptoms mentioned above. Whatever your need, Logansport Memorial Hospital can help.



BEFORE

AFTER