



Providing our patients with the highest level of quality care.

Our Therapy Services team can provide treatment options to address troublesome issues including:

- Post surgical recovery
- Athletic injuries including ankle sprains, tendonitis, ACL tears, rotator cuffs, and more
- Work related injuries
- Joint replacements
- Loss of motion / function due to arthritis
- Pain and loss of function in the spine and extremities
- Lymphedema
- Vertigo
- Balance difficulties

To schedule therapy at Logansport Memorial Hospital, contact our office by calling 574.753.1380. Our hours of operation are Monday through Friday with appointments being scheduled from 8-11 am and 1-4 pm.

*Arriving more than 10 minutes late to a scheduled appointment will result in a cancellation and rescheduling.

Expert care for therapy services.

Logansport Memorial Hospital's experienced physical therapy services help patients develop, maintain and restore maximum movement and function when those abilities have been threatened by aging, injury, disease or environmental factors.

To learn more about our services, please contact:

574.753.1380

or visit LogansportMemorial.org/Therapy



LogansportMemorial.org

Physical and Occupational Therapy services



Therapy services

from Logansport Memorial Hospital



Our therapy services

Our team of Physical and Occupational Therapists at Logansport Memorial Hospital help you develop, maintain, and restore movement and function through a variety of treatment options that are customized to fit your individual needs.

Specialized services

- Lymphedema management
- Graston technique-- instrument-assisted soft tissue mobilization
- Vestibular rehabilitation
- Work conditioning/hardening
- Inpatient care

Physical therapy services can benefit

- Post-surgical and conservative orthopedic dysfunctions of the neck, back, shoulder, pelvis, hip, knee, ankle and foot
- Athletic and work-related injuries
- Total joint replacements of the hip, knee and ankle
- Neurological conditions such as stroke, cerebral palsy, traumatic brain injury, Parkinson's Disease and multiple sclerosis
- Arthritis and osteoporosis
- Oncology rehabilitation-- restoration of function, minimization of physical decline
- Geriatric conditions-- debilitation, balance disorders
- Wound care

Initial evaluation

During your first visit, your evaluating therapist will perform a full and extensive evaluation. They will be asking questions about your symptoms, limitations, and other complaints as well as performing tests evaluating your range of motion, strength, balance, pain, and function. This will help your therapist develop an individualized treatment plan with specific goals based on your needs. A detailed evaluation will also be sent to your referring physician. **Your initial evaluation will typically last 45 - 60 minutes.**

Treatments

Based on your therapist's recommendations, you will have treatments scheduled 1-3 times per week. For your treatment sessions, you may be seen by any of our qualified therapists based on schedule availability for both you and our facility. However, **we will accommodate special requests as able.** Our therapists work together as a team to give you the best care. During your treatments, your therapist may use interventions such as exercise, stretching, manual therapy, balance/stability training, taping, and modalities to help decrease pain and inflammation. **Most treatments will last 30 minutes but may vary based on your individual needs.**

Occupational therapy

Occupational therapy is provided at Logansport Memorial Hospital through local and out-of-town referrals for a broad range of conditions, including these common ones:

- Pre- and post- surgery for rotator cuff injuries
- Wrist and hand injuries
- Repetitive motion injuries
- Arthritis in upper extremity joints
- Workers' comp injuries
- Neck and shoulder stress
- Tendon ruptures
- Wounds and burns

Lymphedema management

Lymphedema is a chronic disease that results in a build-up of lymph fluid that occurs when the lymphatic system is either faulty or damaged. Our certified lymphedema therapist will assist in effectively treating primary and secondary lymphedema in both inpatient and outpatient settings.

Vestibular rehabilitation

If the vestibular system is damaged by disease, age, or injury, vestibular disorders can result in -- and are often associated with -- symptoms such as vertigo and dizziness. Our physical therapist trained in vestibular rehabilitation will work create an individualized program that may include patient education, a home exercise program, habituation exercises and functional training.